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# Delete Stress And Pain On The Spot



## Synopsis

BOOK DESCRIPTION: Kam Yuen calls it THE SCIENCE of IMMEDIATE RESULTS You will call it the BEST THING that has happened to you! If you're one of the hundred million Americans who wake up each morning knowing you'll have to struggle just to make it through another day, most likely your one wish is "TO HAVE MY LIFE BACK." The authors of this extraordinary book, Delete Pain and Stress on the Spot explain the groundbreaking Yuen Method, which ensures that you not only "can," but "will" enjoy such a life again and you need do nothing complex or miraculous to attain it. This isn't just another marketing ploy using catchy phrases and promising to change your life. Dr. Yuen and Marnie Greenberg have successfully deleted chronic pain, stress and illness on the spot in live demonstrations, on television and radio shows, at seminars, over the phone and on the internet for hundreds of thousands of people spanning the globe and have effectively taught the Yuen Method to thousands of others who have become certified practitioners and instructors in thirty countries. The results speak for themselves. THIS IS ALL ABOUT YOU THIS IS YOUR TIME THIS STUFF IS REALLY HAPPENING For readers who have given up seeking a complete and permanent resolution of their problem, who have been forced to rely on coping and managing their pain/stress, this book will be a seriously mind-opening experience. When you follow the step-by-step program in Delete Pain and Stress on the Spot, you'll discover how the impossible will seem commonplace. You will learn: How to permanently and completely delete your PAIN, STRESS, ILLNESS and LIFE PROBLEMS, including FINANCES and RELATIONSHIPS on the spot for yourself and others The reason any problem in your life persists is because your conscious mind is unaware of the true causes that brought about the problem in the first place How to access your other levels of consciousness to determine which specific underlying weaknesses are the true causes/reasons/sources of your problem How to delete these specific underlying weaknesses once they are found, on the spot, much as you delete unwanted e-mails If you're experiencing stress or pain, don't pass up this landmark book! Scroll up and grab a copy today

## Book Information

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## Customer Reviews

I had recently learned the Yuen Method just from reading the book and while it seems to eliminate problems in adults, it works miraculously on toddlers, providing faster results with no effort expended whatsoever by the person using the method. My two and a half year old daughter was in the midst of a full-blown temper tantrum when I decided to give Dr. Yuen's technique a try. In less than three minutes my daughter stood up and said, "It's gone." I was amazed that she was able to verbalize her awareness that a change had occurred. Her temper tantrum had instantly stopped and the episodes have not returned in the two week period that followed. It's as if some switch had been turned off in her brain and an alternate one turned on. Read on for my daughter's tantrum history and for what my friend revealed to me as being "the secret to making the Yuen Method work. My darling daughter suddenly turned two and a half and her agreeable nature vanished on the spot. She always wanted whatever her older sister was playing with. Now, however all-out tantrums began, even before her sister had a chance to share. This behavior soon progressed to include not only situations where she didn't get her way, but it seemed that frequently something we said or did would set her off for no apparent reason. Her congenial personality had mutated into one that was hostile and unreceptive to any and all attempts at soothing or comforting her. Of course, we knew this was just a "normal" stage that would pass and there are countless suggestions out there on handling temper tantrums. Nonetheless, this behavior can still make life miserable, and even it's for a short-lived period of time, it seems more like an eternity when you're going through it.

[4/2016] Consider purchasing the Yuen Method Geometric Life Map that compliments this book and includes a more comprehensive and updated set of Yuen Method "shapes". With Yuen Method, you can find \*your own\* answers and shift on-the-spot. It's simple. Our energy holds all the answers. With Yuen Method, learn how to \*intuitively\* sense changes in your energy for what \*really\* affects you in a situation, instead of using only logic or thinking. FOR THOSE FAMILIAR WITH ENERGY

WORK For those with experience in energy work, but new to Yuen Method's way of intuiting or finding (the) energetic weaknesses, I've written some free articles that go into more detail based on my experience. - Energetic Testing => [goo.gl/lakrfl](http://goo.gl/lakrfl) - The Power of Numerical Profiling -> [goo.gl/PvuwFv](http://goo.gl/PvuwFv) BEGINNERS Dr. Yuen and Marnie have done a good job summarizing Yuen Method for beginners and updating the materials (shapes we call them - triads, pentagons, hexagons, octagons) that were once pieces of the Mastery program. It looks like about half of the most important shapes are included in this book. [body - mind - spirit] for example, is a human life triad shape. What was lacking in the past was a clearer process and the 20+ or so basic "shapes" found in this book. With your new found skill of using intuition to find answers - "feeling" for strong/weak, even beginners can now identify and strengthen / clear the energetic weaknesses that are roots of symptoms.

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